# Safety Update Ohio BWC Library



# Time's running out to register!

Don't miss the largest FREE work-safety event in the U.S., happening March 11-13 at the Greater Columbus Convention Center.

- Choose from a catalog of 200 educational sessions.
- Browse more than 300 exhibitors in the Expo Marketplace.
- Earn free continuing education credits.
- Build your workplace safety network.

Register today at www.ohiosafetycongress.com.

# **Ohio BWC News**

# Better You, Better Ohio!® webinars for employers

At BWC, we take our mission to take care of Ohio's workforce seriously. That's why we're offering Better You, Better Ohio!® – a program that provides health and wellness resources and services to workers who work for small employers (150 or fewer workers) in certain industries. The program is designed to help both workers and their employers at no cost and through a simple, paperless process. Register here for the March 12, 2020, webinar starting at 9:30 a.m. or the March 25, 2020, webinar starting at 1:30 p.m. to learn how your employees can get healthier and be eligible for up to \$175 in financial incentives.

# **Fleet Safety Toolkit**

We created this Fleet Safety Toolkit to help employers develop and implement a fleet safety program to keep their employees safe while driving, on and off the job. The toolkit includes tips and resources related to the four components of an effective fleet safety program.



#### **Coronavirus News**

#### **New Coronavirus Disease Website**

The National Institute for Occupational Safety and Health (NIOSH) <u>recently released a webpage</u> to highlight resources available for the protection of workers from the Coronavirus COVID-19. This page provides a centralized resource for new guidance and recommendations produced during the Centers for Disease Control and Prevention's COVID-19 response, as well as pre-existing resources and materials, to promote the safety and health of workers.

#### **COVID-19 Information**

The Occupational Safety and Health Administration (OSHA) has a website with information on the <u>Coronavirus</u> <u>COVID-19</u>. The site has links to existing OSHA standards that apply for protecting workers, hazard recognition information, control and prevention links, and medical information.

#### **Coronavirus Video**

The World Health Organization has a <u>video on coronaviruses</u> and the current novel virus outbreak. Learn the basics about this family of infectious viruses.

#### **Ohio Department of Health's COVID-19 website**

The Ohio Department of health has developed a <u>COVID-19 website</u> that includes updates, prevention tips, resources for health-care workers, and much more all in one location.

#### **OSHA News**

#### **Update to the Silica National Emphasis Program**

OSHA issued an updated document, <u>National Emphasis Program–Respirable Crystalline Silica</u> (RCS), effective Feb. 4, 2020. The goal is to significantly reduce or eliminate worker exposures to RCS and control the health hazards associated with such exposures. OSHA made updates to the list of target industries, current enforcement guidance, and other sections.

#### New Hazard Warning - Grease Trap Hazards

This <u>Hazard Warning</u> advises employers and employees of the hazards of tripping or falling into grease traps. The document outlines the dangers of grease traps and applicable regulations.

#### **Other News**

#### **Fall Protection Webinar**

Get ready for the March Safety Stand Down to Prevent Falls by attending a free <u>webinar</u> presented by the Center for Construction Research and Training (CPWR) at 2 p.m. March 4. A group of presenters from the Z359 accreditation committee will present information on the standard, including any pending changes and information to assist you in improving your fall protection program.

#### **CPWR Report on Opioids**

The most recent CPWR <u>Quarterly Data Report</u> looks at opioid use in construction. The report reviews a dataset of workers who died on a worksite and the number of opioids prescribed to construction workers.



# **Exercise How-tos**

We know we are supposed to exercise to keep ourselves strong and active, but do we know how to exercise? For some good video tips on warmups, sample workouts, and cool downs visit the <u>Go4Life</u> website from the National Institute on Aging.

#### 2020 The Year of the Eye

The American Academy of Ophthalmology declared 2020 the Year of the Eye. Who doesn't wish for 20/20 vision? <u>Here are several tips from the academy</u> to keep your eyes safe at home, work, and when you are out and about. From pregnancy to your golden years, there are tips for your healthy eyes.

# If You Don't Feel Well, Don't Make it Your Farewell

The International Association of Fire Chiefs launched an initiative with the goal of elimination of fatal cardiac events in firefighters. The <u>campaign website</u> has a video along with sample policies, training and media tools, and research that fire departments can use to keep firefighters healthy on the job.

# **Fatal Occupational Injuries to Older Workers**

The Bureau of Labor Statistics analyzed data from the Census of Fatal Occupational Injuries from 1992 to 2017 for fatalities to workers 55 to 64 and 65 and older. The fatality rates for both groups were higher than the rate for all workers. The results of this analysis were published in the Bureau's Monthly Labor Review.

Please contact the library@bwc.state.oh.us or 614-466-7388 for more information on any of these items.

# Follow us on social media!



The Ohio BWC Library of BWC's Division of Safety & Hygiene compiles and distributes this newsletter each month.

